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# My Broken Heels

32 Count 4 Walls Beginner
Choreographed by: Rebecca Armstrong (UK) (1st May 2010)
Choreographed to: Broken Heels on Overcome by Alexandra Burke
Style: Pop / Disco

| | |
|---|---|
| **1-8** | **RIGHT LOCK STEP SCUFF, LEFT LOCK STEP SCUFF** |
| 1-2 | (to the R diag) step fwd on R, lock L behind R |
| 3-4 | step fwd on R, scuff L |
| 5-6 | (to the L diag) step fwd on L, lock R behind L |
| 7-8 | step fwd on L, scuff R |
| **9-16** | **MAMBO FWD HOLD, MAMBO BACK HOLD** |
| 1-2 | rock fwd on R, recover back on L |
| 3-4 | step R beside L, hold (keeping weight on R) |
| 5-6 | rock back on L, recover fwd on to R |
| 7-8 | step L beside R, hold (keeping weight on L) |
| **17-24** | **â€˜Vâ€™ STEP ON HEELS X 2** |
| 1-2 | step R heel fwd to R diag, step L heel fwd to L diag |
| 3-4 | step R foot back to middle, step L foot back to middle |
| 5-6 | step R heel fwd to R diag, step L heel fwd to L diag |
| 7-8 | step R foot back to middle, step L foot back to middle |
| **25-32** | **STEP HOLD, ½ PIVOT HOLD, KICK BALL STEP HOLD** |
| 1-2 | step fwd on R, hold |
| 3-4 | pivot ½ turn L (taking weight onto L), hold |
| 5-6 | kick R fwd, step R beside L |
| 7-8 | step L beside R, hold |
| | **ALTHOUGHT THE MUSIC DICTATES THAT THERE SHOULD BE A TAG AND A RESTART THIS DANCE FITS FINE WITHOUT EITHER!! YAY!!** |

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