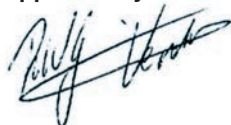




Approved by:



Zumba

2 WALL – 64 COUNTS – IMPROVER

STEPS	ACTUAL FOOTWORK	CALLING SUGGESTION	DIRECTION
Section 1 1 – 2 3 & 4 5 – 6 7 & 8	Right Heel Grind, Coaster Step, Left Heel Grind, Coaster Step Grind right heel forward, toes pointing left. Fan toes to right. Step right back. Step left beside right. Step right forward. Grind left heel forward, toes pointing right. Fan toes to left. Step left back. Step right beside left. Step left forward.	Heel Grind Coaster Step Heel Grind Coaster Step	On the spot
Section 2 1 – 2 3 – 4 5 – 8 Styling	Step, 1/2 Turn, Step, 1/2 Turn, Walk Forward x 4 (with Shoulder Shimmies) Step right forward. Turn 1/2 left stepping left forward. Step right forward. Turn 1/2 left stepping left forward. Walk forward - right, left, right, left. Optional: Shimmy shoulders on counts 5 - 8.	Step Half Step Half Walk Forward	Turning left Forward
Section 3 1 & 2 3 & 4 5 – 6 7 & 8	Side Mambo Right, Side Mambo Left, Side, Together, Chasse Rock right to right side. Rock back onto left. Step right beside left. Rock left to left side. Rock back onto right. Step left beside right. Step right to right side. Step left beside right. Step right to right side. Close left beside right. Step right to right side.	Right Mambo Left Mambo Side Together Side Close Side	On the spot Right
Section 4 1 & 2 3 & 4 5 – 6 7 & 8	Side Mambo Left, Side Mambo right, Side, Together, Chasse 1/4 Turn Rock left to left side. Rock back onto right. Step left beside right. Rock right to right side. Rock back onto left. Step right beside left. Step left to left side. Step right beside left. Step left to left side. Close right beside left. Turn 1/4 left stepping left forward. (9:00)	Left Mambo Right Mambo Side Together Side Close Quarter	On the spot Left Turning left
Section 5 1 – 2 3 – 4 5 – 6 7 – 8	Cross Heel, Side, Cross, Touch (x 2) Cross right heel over left foot. Step left to left side. Cross right over left. Touch left toes to left side. Cross left heel over right foot. Step right to right side. Cross left over right. Touch right toes to right side.	Cross Side Cross Touch Cross Side Cross Touch	Left Right
Section 6 1 & 2 3 & 4 5 – 6 7 – 8	Right Sailor, Left Sailor, Behind, Unwind 1/2, Lean Back, Flick Cross right behind left. Step left to left side. Step right to place. Cross left behind right. Step right to right side. Step left to place. Lock right behind left. Unwind 1/2 turn right. (3:00) Lean upper body back. Recover weight onto left and flick right foot back.	Right Sailor Left Sailor Behind Unwind Lean/Flick	On the spot Turning right
Section 7 1 & 2 3 – 4 5 & 6 7 – 8	Forward Shuffle, Step 1/2 Turn (x 2) Step right forward. Close left beside right. Step right forward. Step left forward. Turn 1/2 right stepping right forward. Step left forward. Close right beside left. Step left forward. Step right forward. Turn 1/2 left stepping left forward. (3:00)	Right Shuffle Step Half Left Shuffle Step Half	Forward Turning right Forward Turning left
Section 8 1 – 2 3 – 4 5 – 6 7 – 8	Jazz Box 1/4 Turn Cross, Side Touch, Side Touch Cross right over left. Step left back. Turn 1/4 right stepping right to right side. Cross left over right. (6:00) Step right to right side. Touch left to left side. Step left to left side. Touch right to right side.	Cross Back Quarter Cross Side Touch Side Touch	On the spot Turning right Right Left

Choreographed by: Jose Miguel Belloque Vane and Roy Verdonk (NL) August 2012

Choreographed to: 'Zumba (Danza Kuduro Remix)' by Este Habana from CD Como Venga; download available from amazon.co.uk or iTunes (32 count intro)



A video clip of this dance is available at www.linedancermagazine.com